



Concorde Medical Group
232 East 30th Street
New York, New York 10016
212-889-5544 Fax: 212-481-1089
www.concordemed.com

Colonoscopy Preparation

Instructions:

MoviPrep

NAME: _____

PROCEDURE: _____

ENDOSCOPIST: _____

DATE OF PROCEDURE: _____

FACILITY ARRIVAL TIME: _____

Please note: A \$50.00 cancellation fee will be charged for all procedures cancelled with less than Two (2) business days notice.

Please refer to separate KBEC *Patient Instruction Packet* for important procedure, facility and billing information.

Further information about Kips Bay Endoscopy Center (KBEC) may be found at:
www.kipsbayendo.com

Bowel Preparation for Colonoscopy With Moviprep

Colonoscopy is a routine, generally safe, pain-free procedure used to examine the colon. These are the steps that you must take before the procedure to ensure the highest level of safety and effectiveness.

1. Make arrangements to have someone drive you home after the procedure. Colonoscopy involves sedation, and you will not be allowed to leave the facility unaccompanied.
2. Follow your physician's instructions regarding medicines to avoid and diet to follow before your procedure.
3. Your body loses significant amounts of fluid during bowel preparation. In order to prevent dehydration, it is important to supplement that fluid loss with clear liquids. Make a conscious effort to drink as much as you can before, during, and after the preparation.



Moviprep
(PEG-3350, Sodium Sulfate, Sodium Chloride, Potassium Chloride,
Sodium Ascorbate and Ascorbic Acid for Oral Solution)

**Low Volume Prep.
High Volume Efficacy.**

Moviprep[®]

Moviprep is indicated for cleansing of the colon as a preparation for colonoscopy in adults 18 years of age or older. Moviprep is contraindicated in patients who have had a severe hypersensitivity reaction to any of its components. Moviprep should be used with caution in patients using concomitant medications that increase the risk of electrolyte abnormalities, in patients with known or suspected hyponatremia, severe ulcerative colitis, ileus, gastrointestinal obstruction or perforation, gastric retention, toxic colitis, toxic megacolon, or glucose-6-phosphate dehydrogenase deficiency. In clinical trials, abdominal distension, anal discomfort, thirst, nausea, and abdominal pain were the most common adverse reactions to Moviprep administration. Moviprep contains a maximum of 2.33 mg of phenylalanine per treatment.

COLONOSCOPY PREPARATION WITH MOVIPREP

THE DAY BEFORE YOUR COLONOSCOPY

- Drink only clear liquids throughout the day. You **may not** have any solid or soft food. Milk or other dairy products are also **not allowed**. Please avoid red or purple clear liquids.

Clear liquids are those you can “see through”.

Examples include:

- ✓ Water
- ✓ Strained fruit juice without the pulp (apple, white grape)
- ✓ Tea without milk or creamer
- ✓ Clear broth or bouillon
- ✓ Ginger ale
- ✓ Lemon-lime soda
- ✓ Lemonade
- ✓ Sports drink (eg, Gatorade)
- ✓ Kool-Aid or other fruit flavored drinks
- ✓ Plain Jell-O without added fruit or toppings
- ✓ Ice Popsicles



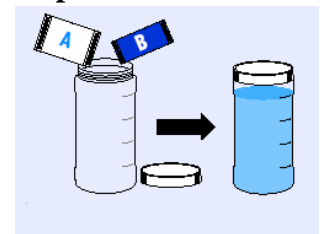
- The following is the schedule for using ***Moviprep***:

Beginning at approximately 6:00pm:

Step 1 (refer to illustration)

Empty one Pouch A and one Pouch B into the disposable container. Add lukewarm drinking water to the top line of the container. Mix to dissolve.

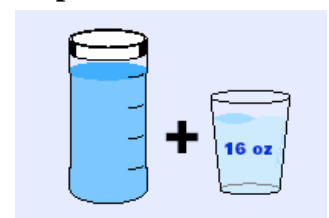
Step 1



Step 2 (refer to illustration)

The Moviprep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz.), until the full liter is complete. Drink 16 oz. of the clear liquid of your choice

Step 2



Beginning at approximately 8:00pm:

Repeat steps 1 and 2.

- **If your colonoscopy is scheduled for the morning, do not eat or drink anything after midnight. If your colonoscopy is scheduled after 1:00pm, you may have a small quantity of clear liquids in the morning until 9:00am.**