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# Colonoscopy Preparation Instructions: Halflytely

NAME: \_\_\_\_\_

PROCEDURE: \_\_\_\_\_

ENDOSCOPIST: \_\_\_\_\_

DATE OF PROCEDURE: \_\_\_\_\_

FACILITY ARRIVAL TIME: \_\_\_\_\_

**Please note: A \$50.00 cancellation fee will be charged for all procedures cancelled with less than Two (2) business days notice.**

**Please refer to separate KBEC *Patient Instruction Packet* for important procedure, facility and billing information.**

Further information about Kips Bay Endoscopy Center (KBEC) may be found at:  
[www.kipsbayendo.com](http://www.kipsbayendo.com)

# Bowel Preparation for Colonoscopy With Halflytely

Colonoscopy is a routine, generally safe, pain-free procedure used to examine the colon. These are the steps that you must take before the procedure to ensure the highest level of safety and effectiveness.

1. Make arrangements to have someone drive you home after the procedure. Colonoscopy involves sedation, and you will not be allowed to leave the facility unaccompanied.
2. Follow your physician's instructions regarding medicines to avoid and diet to follow before your procedure.
3. Your body loses significant amounts of fluid during bowel preparation. In order to prevent dehydration, it is important to supplement that fluid loss with clear liquids. Make a conscious effort to drink as much as you can before, during, and after the preparation.



## **HalfLytey<sup>®</sup>** and Bisacodyl Tablets **Bowel Prep Kit**

PEG-3350, sodium chloride, sodium bicarbonate and potassium chloride for oral solution and bisacodyl delayed-release tablets

HalfLytey and Bisacodyl Tablets Bowel Prep Kit is indicated for bowel cleansing prior to colonoscopy. Nausea, cramping, and abdominal fullness occur in up to 50% of patients. Use is contraindicated in patients with ileus, gastrointestinal obstruction, gastric retention, bowel perforation, toxic colitis, toxic megacolon, and/or hypersensitivity to any of the components.

## COLONOSCOPY PREPARATION WITH HALFLYTELY

### DAY BEFORE EXAMINATION

- Drink only clear liquids throughout the day.  
You **may not** have any solid or soft food. Milk or other dairy products are also **not allowed**.  
Please avoid red or purple clear liquids.

Clear liquids are those you can “see through”.

Examples include:

- ✓ Water
  - ✓ Strained fruit juice without the pulp
  - ✓ (apple, white grape)
  - ✓ Tea without milk or creamer
  - ✓ Clear broth or bouillon
  - ✓ Ginger ale
  - ✓ Lemon-lime soda
  - ✓ Lemonade
  - ✓ Sports drink (eg, Gatorade)
  - ✓ Kool-Aid or other fruit flavored drinks
  - ✓ Plain Jell-O without added fruit or toppings
  - ✓ Ice Popsicles
- The following is the schedule for using ***Halflytely***:

#### **Beginning at approximately 12:00pm (noon):**

##### **Step 1.** (refer to illustration)

Take all 2 bisacodyl tablets with water.  
Do not chew or crush the bisacodyl tablets.  
Do not take the bisacodyl tablets within 1 hour of taking an antacid.

#### **Step 1**



##### **Step 2.** (refer to illustration)

Fill the container with lukewarm water to top of line on bottle.  
Cap the bottle and shake to dissolve the powder.  
(Suggestion: Put it in the refrigerator, it will taste better cold).

#### **Step 2**



#### **Beginning at approximately 6:00pm:**

##### **Step 3.** (refer to illustration)

Begin to drink the solution. Drink 1 (8 oz) glass every 10-15 minutes.  
Drink each glass quickly rather than drinking small amounts continuously.  
**Be sure to drink ALL the solution.**

#### **Step 3**



- **If your colonoscopy is scheduled for the morning, do not eat or drink anything after midnight. If your colonoscopy is scheduled after 1:00pm, you may have a small quantity of clear liquids in the morning until 9:00am.**